

Hope Academy

MARCH 2023

HOT LUNCH

**PRICE: STUDENT - \$3.30
ADULT - \$4.95**

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree, Sandwich of the Day
Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
Low Fat Dressing/Dip
Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
Variety of Milk, including Skim

Monday

Tuesday

Wednesday

Thursday

Friday

1-Mar

2-Mar

3-Mar

K-12 Menu

Starting in March 2023, smoothies will be available to High School students, at no extra cost, during daily lunch, as supplies are available.

Beef Nachos
Pinto Beans
Salad, Fruit, Milk
Chocolate Milk

No School

No School

High School Option

Turkey & Cheese on Bun

6-Mar

7-Mar

8-Mar

9-Mar

10-Mar

K-12 Menu

Orange Chicken
Steamed Rice
Salad, Veggies, Fruit, Milk

Italian Chicken Sandwich
Baked Beans
Salad, Veggies, Fruit, Milk

BBQ Chicken Leg
Biscuit & Steamed Corn
Salad, Veggies, Fruit, Milk
Chocolate Milk

Soft Shell Chicken Taco
w/ Salsa
Salad, Veggies, Fruit, Milk

Cheesy Breadsticks
Marinara Sauce
Salad, Veggies, Fruit, Milk

High School Option

Roast Beef & Cheese Bagel

Chicken Salad Wrap

Deli Club Sandwich

Chicken Caesar Salad

Southwest Chicken Wrap

13-Mar

14-Mar

15-Mar

16-Mar

17-Mar

K-12 Menu

Sloppy Joe
Baked Beans
Salad, Fruit, Milk

Pasta w/ Meatballs
Garlic Breadstick
Salad, Veggies, Fruit, Milk

Chicken Shawarma
Yellow Rice
Salad, Veggies, Fruit, Milk
Chocolate Milk

Turkey & Cheese Quesadilla
Corn Salsa
Salad, Fruit, Milk

Mac & Cheese
Soft Breadstick
Salad, Veggies, Fruit, Milk

High School Option

Turkey & Cheese Sandwich

Grilled Chicken Wrap

Roast Beef & Cheese on Bun

Chef Salad

Tuna Salad Wrap

20-Mar

21-Mar

22-Mar

23-Mar

24-Mar

K-12 Menu

BBQ Chicken on Bun
Potato Wedges
Salad, Fruit, Milk

Chicken Mostaccioli
Dinner Roll
Salad, Veggies, Fruit, Milk

Walking Taco
Pinto Beans
Salad, Fruit, Milk
Chocolate Milk

Chicken Philly Hoagie
Salad, Veggies, Fruit, Milk

Beef & Cheese Lasagna
Soft Breadstick
Salad, Veggies, Fruit, Milk

High School Option

Roast Beef & Cheese on Bun

Santa Fe Chicken Wrap

Turkey & Provolone on Bagel

Tuna Salad on Bun

Chicken Shawarma Wrap

27-Mar

28-Mar

29-Mar

30-Mar

31-Mar

K-12 Menu

Cheeseburger
Baked Beans
Salad, Fruit, Milk

Chicken Alfredo
Garlic Breadstick
Salad, Veggies, Fruit, Milk

Teriyaki Chicken Bowl (w/ Steamed Rice)
Salad, Veggies, Fruit, Milk
Chocolate Milk

Salisbury Steak
Mashed Potatoes & Roll
Salad, Fruit, Milk

No School

High School Option

Turkey & Cheese Sandwich

Grilled Chicken Wrap

Tuna Salad Wrap

Egg Salad Sandwich

**MENUS SUBJECT TO INFREQUENT CHANGE
BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

[Our Commitment](#)
"Healthy Food, Healthy Message"
[We provide wholesome, delicious, real food that helps teach the right message to children.](#)

ANY QUESTIONS? CONTACT:
[School Office](#) or
[DONE RIGHT FOOD @ 763-789-4493](tel:763-789-4493) or
www.donerightfood.com