

Hope Academy

Jan-23

HOT LUNCH

**PRICE: STUDENT - \$3.30,
ADULT - \$4.95**

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree, Sandwich of the Day
Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
Low Fat Dressing/Dip
Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
Variety of Milk, including Skim

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

2-Jan

3-Jan

4-Jan

5-Jan

6-Jan

K-12 Hot Lunch

No School

Cheesy Breadsticks
Marinara Sauce
Salad, Veggies, Fruit,
Milk

Teriyaki Chicken Bowl
(w/ Yellow Rice)
Salad, Veggies, Fruit,
Milk
Chocolate Milk

Salisbury Steak
Mashed Potatoes & Roll
Salad, Fruit, Milk

Chicken Mostaccioli
Garlic Breadstick
Salad, Veggies, Fruit,
Milk
Chocolate Milk

9-12 Gr Option

Grilled Chicken Wrap

Tuna Salad Wrap

Egg Salad Sandwich

Roast Beef & Cheese on
Bun

Week 2

9-Jan

10-Jan

11-Jan

12-Jan

13-Jan

K-12 Hot Lunch

Pancakes w/ Turkey
Sausage
Tator Tots
Salad, Fruit, Milk

Pasta w/ Meatsauce
Dinner Roll
Salad, Veggies, Fruit,
Milk

Orange Chicken
Steamed Rice
Salad, Veggies, Fruit,
Milk
Chocolate Milk

Italian Chicken on Bun
Pinto Beans
Salad, Fruit, Milk

Cheeseburger
(US House Feast)
Salad, Veggies, Fruit,
Milk
Chocolate Milk

9-12 Gr Option

Roast Beef & Cheese on
Bun

Chicken Shawarma
Wrap

Tuna Salad on Bun

Turkey & Cheese on
Bagel

Southwest Chicken Wrap

Week 3

16-Jan

17-Jan

18-Jan

19-Jan

20-Jan

K-12 Hot Lunch

No School

Cheese Lasagna
Soft Breadstick
Salad, Veggies, Fruit,
Milk

Beef Nachos
Pinto Beans
Salad, Fruit, Milk
Chocolate Milk

Chicken Shawarma
Wrap
Salad, Veggies, Fruit,
Milk

Hot Dog
Salad, Veggies, Fruit,
Milk
Chocolate Milk

9-12 Gr Option

Chicken Fajita Wrap

Turkey & Cheese on Bun

Greek Grilled Chicken
Salad

Chicken Ranch Wrap

Week 4

23-Jan

24-Jan

25-Jan

26-Jan

27-Jan

K-12 Hot Lunch

Beef Chili
Tortilla Chips
Salad, Veggies, Fruit,
Milk

Italian Sloppy Joe
Salad, Veggies, Fruit,
Milk

Cheeseburger
Steamed Corn
Salad, Veggies, Fruit,
Milk
Chocolate Milk

Walking Taco
Pinto Beans
Salad, Veggies, Fruit,
Milk

No School

9-12 Gr Option

Roast Beef & Cheese
Bagel

Chicken Salad Wrap

Deli Club Sandwich

Chicken Caesar Salad

Week 5

30-Jan

31-Jan

K-12 Hot Lunch

Corn Dog
Baked Beans
Salad, Fruit, Milk

Mac & Cheese
Soft Breadstick
Salad, Veggies, Fruit,
Milk

9-12 Gr Option

Turkey & Cheese
Sandwich

Grilled Chicken Wrap

**MENUS SUBJECT TO INFREQUENT CHANGE
BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain
peanuts, other nuts/seeds, milk, egg, soybean,
and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

[Our Commitment](#)

["Healthy Food, Healthy Message"](#)

[We provide wholesome, delicious, real food
that helps teach the right message to children.](#)

[ANY QUESTIONS? CONTACT:](#)

[School Office or](#)

[DONE RIGHT FOOD @ 763-789-4493 or](#)

www.donerightfood.com